

# A SOCCER MOM SURVIVAL GUIDE CHECKLIST

- UMBRELLA
- WATER BOTTLES
- SPORTS SUNSCREEN
- BUG SPRAY/WIPES
- BABY WIPES
- HAND SANITIZER
- TRAVEL-PACK OF KLEENEX
- DERMOSPLAST SPRAY
- VARIETY OF BANDAGES
- CHILDREN'S FASTMELT BENADRYL
- CHILDREN'S MOTRIN
- ZIPLOCK BAGS
- A ROLL OF TRASH BAGS
- LAWN CHAIRS
- CASH
- YOUR BEST CHEERING FACE